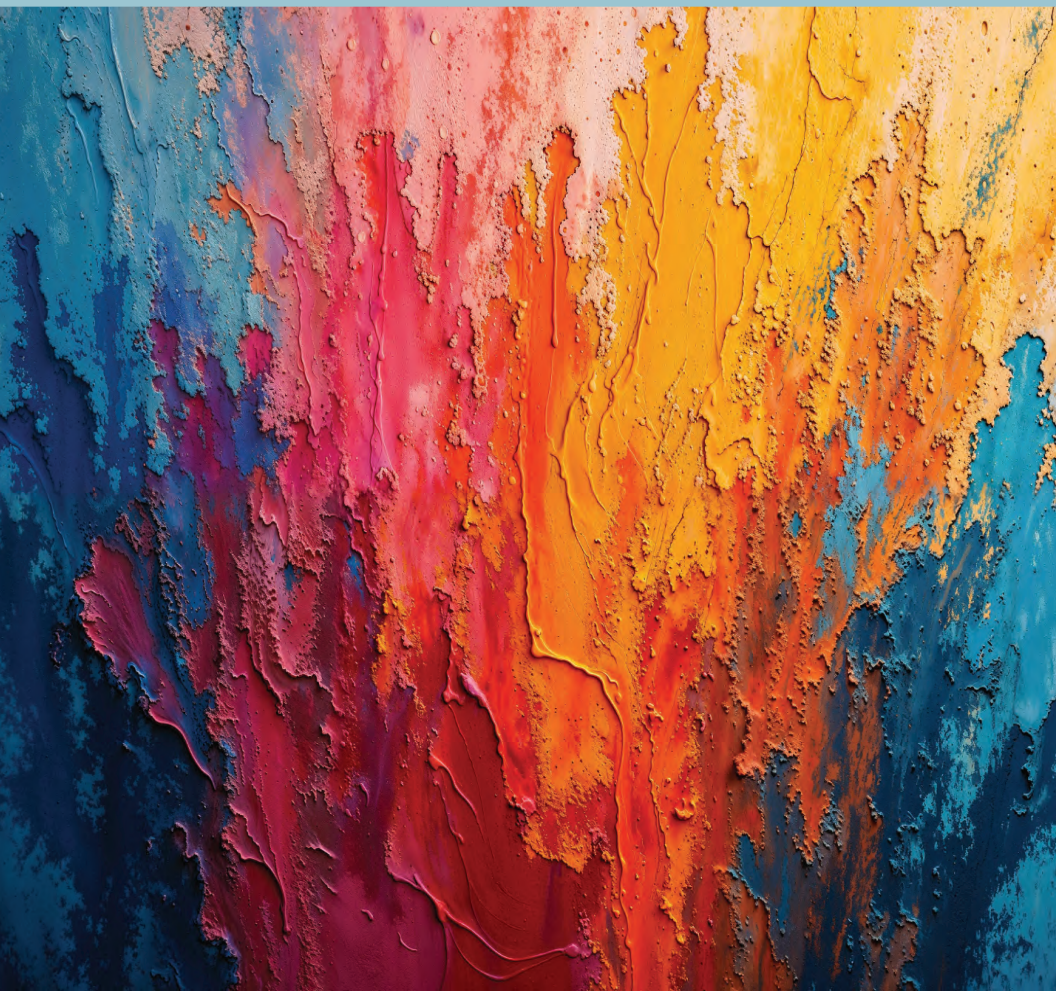


FALL 2026

● A PUBLICATION FROM THE FAIR LAKES LEAGUE

A VIEW from FAIR LAKES



Fútbol in
Fair Lakes

Summertime
Highlights

Martial Arts
Mastery

Celebrate Our
Students

PLUS:
News, Sports,
Entertainment
and more



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A VIEW FROM FAIR LAKES

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A View from Fair Lakes is published quarterly by the Fair Lakes League. Established in 1984, the League serves to preserve and support the 619-acre Fair Lakes Community and its many amenities, including the lakes, landscapes, hiking trails, signage and community common areas. League activities include sports teams and tournaments, special events, community fund-raising and a complimentary weekday shuttle to and from the Vienna Metro station for residents and employees of Fair Lakes.

Fair Lakes League offices are located at
 4100 Monument Corner Drive, Suite 300
 Fairfax, Virginia 22030
 Visit us at www.fairlakes.com

**For information on advertising opportunities,
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A PUBLICATION FROM THE FAIR LAKES LEAGUE ●

view

Dear League Members and Friends,

Are you ready to hit the books? It's everyone's favorite time of the year. We are saying goodbye to sweaty weather, and getting ready for sweater weather. The school year is officially under way here in Fair Lakes and we're excited to get to work.

This was the summer of soccer. We look back on the beautiful game, its history in NoVA and how Fair Lakes was the place to be for the World Cup on page 8. Along with soccer, we had much to celebrate here these past few months. Check out the newest beverage buffs on page 22, and re-experience all our favorite warm weather events on page 28.

In keeping with the scholastic themes, we give a well-deserved shout out to this year's Dollars for Fair Lakes Scholars winners on page 30. While we'll be spending time in the classroom, there's ample opportunity to learn valuable lessons elsewhere. We speak to Master Yoon Kim at Dynamic Kick on page 20 to learn all about the martial arts gym and the growth kids and adults alike experience within their walls.

There's much to admire about NoVA, including its architecture. We dive into some well-known homes and how they've influenced our own neighborhoods on page 14. We also look to turn even the humblest of backyard spaces into praiseworthy patios on page 12.

Those and other intriguing pieces are waiting in this issue, so let's get busy and kick off the school year here in *A View*.

Sincerely,
The League



.....
If you're interested in advertising in *A View from Fair Lakes*, or have tips for story ideas, please email FairLakes@powerscommunications.net.

Around Fair Lakes...

New Look and Logo



You may have noticed a fresh new face for yours truly this issue! Fair Lakes has revamped its logo to give the community a current and contemporary feel to go along with the stores and visitors that line our streets and sidewalks. With that, *A View* got with the program and decided to dress for the occasion! A new logo and a fresh coat of paint are just what we needed to start the new school year.



Chick-fil-A's Fighting Cause

Walk to End Alzheimer's Fundraiser
Thursday, September 10th, 4 to 8pm



Our friends at Chick-fil-A will host a spirit night for

Walk to End Alzheimer's. Fair Lakes' favorite chicken slingers will be donating a portion of the evening's sales to the world's largest fundraiser dedicated to fighting Alzheimer's Disease. So, if you're looking to help and enjoy some savory sandwiches, swing by and let them know you're supporting the Walk when ordering.



Shuttle Updates & Giveaways

The **Fair Lakes Shuttle** saw its own refresh this summer. The service started running on a revamped schedule, debuting on August 1st. Wanting to show its appreciation to riders, the Shuttle is partnering with the Fairfax County Commuter Services to offer a gift.

Throughout September, shuttle passengers can enter drawings for a chance to win one of sixteen \$50 **SmartTrip** gift cards.

To learn more about this giveaway and the new shuttle schedule & applications you can visit www.FairLakes.com/shuttle/



Connect with Fair Lakes! @FairLakesLeague

Stay informed of all the cool things happening in your neighborhood by following us on Facebook. Like us for info on store promotions, community news, and – best of all – a chance to win awesome prizes. **Everywhere we are @fairlakesleague.**



Elsewhere in Fairfax...

Gateway Regional Park Revamp

Fairfax is a town in transition! Along with all the new and improved looks going on in Fair Lakes this summer, the Gateway Regional Park just off Route 50 began its months long makeover in July. Serving as a major hub for some of the most popular pathways and trails in Northern Virginia, Gateway is getting a brand-new facelift with a full suite of new trees, shrubs, groundcover, trails, signage and parking. Trekking through the 66 Parallel, Fairfax County Parkway and the Cross County Trails gives hikers and bikers the opportunity for scenic travels from Fair Lakes to the Gateway.

Fairfax's Far Reaching Fun

While we usually take the opportunity to tell readers about the season's best fall festivals around Fairfax this time of year, this time we wanted to point out some exciting and original events taking place this Fall across our community. Branch out and see what's new!

Labor Day Car Show



September 7
4081 University Drive

Gearheads and auto enthusiasts around town are uniting to show off for a cause. The annual show turns 27, and all are invited to check out some remarkable rides. Along with sponsors and donations, over collectively \$700,000 has been raised over the event's 26 years for local charities.



Celebration of the Arts

September 19-20
1820 Capital One Drive South

This free event hosted by the Capital One Center and the Tephra Institute of Contemporary Art will take place across two days, offering attendees live music, artist workshops, and curated food and drink. Join in to celebrate visual and performing arts with your community.



Fall for the Book Festival

October 6-10
4400 University Drive

Book worms take notice! You won't find a better place to indulge in some of the finest discussions centering on literature and the arts. Meet and converse with other lit-lovers as well as accomplished authors across four fun-filled days.

If you or your organization has any news or upcoming event that may be of interest to members of the Fair Lakes community, please contact us at: fairlakes@powerscommunications.net.

The Summer of Soccer



Every four years, the whole world comes together with World Cup fever. This year, the United States came down with an even stronger case than normal. Hosted across the Americas, including the US, Canada, and Mexico, the 2026 edition of the beloved tournament became the largest in history, featuring 48 teams and 104 matches spread across three nations. It felt as if the world's game had finally and truly arrived in North America.

Millions of fans packed stadiums while billions more watched from around the globe, making it one of the biggest sporting events ever held. Matches were played throughout the United States with 11 of the 16 hosting cities on US soil. The atmosphere extended far beyond the stadiums, with local watch parties, youth tournaments, and community celebrations bringing fans together throughout Northern Virginia and the Washington region.

Events like the World Cup are incredible opportunities for friends, family, neighbors and everyone in-between to come together and enjoy the comradery of rooting for their country together. Watch parties made the games fun for even the greatest grouches this summer. Lucky for us, some of the best get-togethers took place right here in Fair



Lakes. **Blue Iguana** has always been sports central here in our neighborhood, and that reputation held true for the World Cup with drink and food specials keeping fans sated well past the final whistle. Even some of our grocers got into the game, with **Whole Foods** hosting their own watch parties for the US and others across the entire tournament!



The U.S. Men's National Team generated plenty of excitement by advancing to the knockout stage, giving American fans memorable moments and another glimpse of the program's bright future. Although the

team's run ended in the Round of 16, the tournament showcased the continued growth of soccer in the United States and the passion of its supporters.

The tournament's greatest legacy won't be measured by trophies. For countless young players across Fairfax County, the World Cup provided inspiration close to home. Watching the world's best compete on North American soil reminded a new generation that big dreams often begin on local fields.

NORTHERN VIRGINIA: Where National Dreams Begin

On any fall or spring weekend, Fairfax County's soccer fields are buzzing. From Wakefield Park to Long Park, from Greenbriar to Nottoway, thousands of young players are chasing each other across the pitch while parents cheer in folding chairs from the sidelines. For most families, it's simply part of life in Northern Virginia. But those same fields, and the outstanding programs that call them home, have helped launch some of America's greatest soccer players.

NoVA has long been one of the nation's premier soccer hotbeds, helping to produce U.S. Men's and Women's National Team stars while building a soccer culture that's second to none. Few players embody that legacy more than **Mia Hamm**. Before becoming one of the greatest players in soccer history, Hamm grew up in Fairfax County and attended Robinson Secondary School. She developed her love of the game on local fields before winning two FIFA Women's World Cups, two Olympic gold medals, and inspiring countless young athletes across the country.



continued next page >

NoVA has long been one of the nation's premier soccer hotbeds ... building a soccer culture that's second to none.

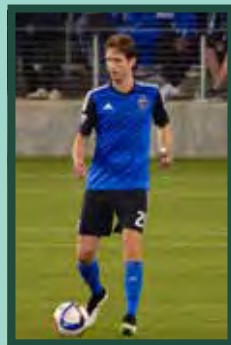
Ali Krieger followed a similar path. The Dumfries native played youth soccer across NoVA before starring at Forest Park High School and eventually becoming one of the anchors of the U.S. Women's National Team. Krieger helped the United States capture World Cup titles in both 2015 and 2019, providing world-class defense across 13 years of international play.



By Hobgood - Own work, CC BY-SA 4.0
<https://commons.wikimedia.org/wiki/index.php?curid=49276671>

The men's game is not without its own NoVA local legends.

Clarence Goodson was born in Alexandria, and attended high school in Annandale and Fairfax before making more than 40 appearances with the U.S. Men's National Team. Goodson was an integral part of the team from 2008 to 2014, including the 2010 World Cup roster, scoring 5 goals in his international career.

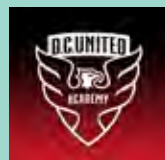


By Noah Salzman - Own work, CC BY-SA 4.0
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Much of NoVA's soccer success traces back to the region's exceptional youth clubs. Organizations like **BRYC, McLean Soccer, Springfield/South County Youth Club, Vienna Youth Soccer**, and **Arlington Soccer** among others have spent decades developing players of every ability. Their focus goes beyond just winning weekend tournaments. Teamwork, discipline, sportsmanship, and a lifelong love of the game help nurture talented, well-meaning athletes.



Today, many of the area's top youth players also have the opportunity to compete through **MLS NEXT** and the academies of **D.C. United** and **Loudoun United**, giving talented local athletes even more pathways to collegiate and professional soccer.



Of course, not every child who puts on a jersey dreams of playing in a World Cup. Many simply enjoy being part of a team, making friends, and celebrating postgame snacks. And that's exactly what makes the Northern Virginia soccer community so special. It welcomes everyone, from footy fanatics to first-time players.



Still, every once in a while, one of those young players develops into something special. The next U.S. National Team star may already be sprinting across our very own fields this weekend.



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www.TonysNYPizza.com



13087 Fair Lakes Shopping Center
(703) 502-0808

Small Yard, Big Impact

You don't need a sprawling backyard to create your own outdoor oasis. Whether you live in one of our many townhome communities, a condo overlooking the neighborhood, or simply a home with a modest backyard, a thoughtfully designed outdoor space can quickly become your favorite "room" in the house. Once you make an outdoor space you're proud of you'll never want to go back inside, weather be damned.

Fortunately for us all, it has never been easier to transform your humble yard into a true getaway. Everything you need to get started is just a quick zip away.



Fitting Furniture in Frame

Treating your patio like an extension of your home is easier said than done. Instead of squeezing in oversized furniture, choose a compact bistro set or two comfortable chairs paired with a small side table. Keeping storage in mind is essential to maximizing space. Storage benches provide extra seating while hiding gardening tools or outdoor cushions. Both **HomeGoods** and **Kohl's** have fantastic and fashionable options for furniture that fit tight spaces in manageable ways with smaller footprints.

One of the easiest and most affordable upgrades is outdoor lighting. This simple addition can make a world of difference in making your space feel warm and welcoming, no matter how small. Solar



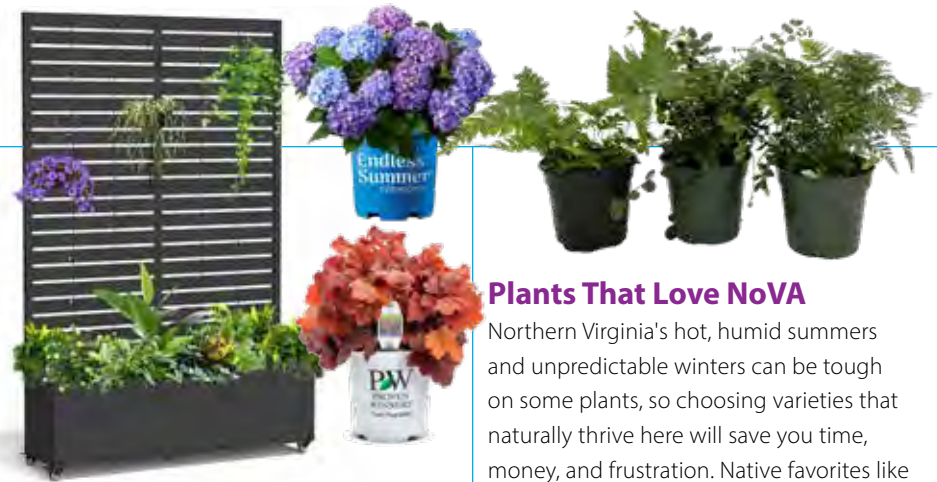
pathway lights, battery-powered lanterns, and café-style string lights create a cozy atmosphere, and can make even the smallest patio feel much larger after sunset.

Think Vertical

When space is limited, build upward instead of outward. A simple trellis covered



with native coral honeysuckle or clematis creates height while adding seasonal color. Hanging baskets, wall-mounted planters, and tiered shelving let you display dozens of plants without



Plants That Love NoVA

Northern Virginia's hot, humid summers and unpredictable winters can be tough on some plants, so choosing varieties that naturally thrive here will save you time, money, and frustration. Native favorites like black-eyed Susans and purple coneflowers add bright color while Virginia sweetspire and hydrangeas provide structure without overpowering a smaller landscape.

For shady patios, consider ferns, coral bells, or foamflower. Sunny balconies and decks are perfect for lavender or salvia that add texture with very little maintenance. Smaller individual planters as well as rail planters can fit all of these options and keep from overwhelming an area.

Don't forget to ask the expert. **Walmart's Garden Center** can help you narrow down your tiny yard's green stamp. Their staff understands growing conditions and can recommend plants that will thrive in your yard without overgrowing and taking up too much room.



sacrificing valuable seating space. Even a narrow townhouse patio can feel lush and inviting with greenery at multiple levels.

How about a quick, fun DIY project for you to put together? Swing by **Rockler** to



get started on your own hand-built trellis. Start with a wooden lattice panel or a pair of cedar garden stakes connected with horizontal slats, then secure the trellis in a large planter or attach it to a wall or fence. Introduce

climbing plants like clematis and jasmine, or veggies like cucumbers and pole beans at the base and let them do their thing. In just a few weeks, you'll have a lush, living wall that adds beauty, color, and importantly privacy to even the smallest patio or balcony.

Many of our lovely neighborhoods feature homes that are close together, but a few simple additions can make your patio feel surprisingly secluded.

Decorative planters filled with ornamental grasses, evergreen shrubs, or flowering vines create natural privacy without making the area feel boxed in.

OUR HOMES HAVE A HISTORY



Northern Virginia is rich with history – much of it preserved in the historic homes and communities of Fairfax County. To promote and preserve these treasures of Fairfax County's "heritage resources" the Fairfax County Board of Supervisors created fifteen Historic Overlay Districts. These Districts provide regulations

to protect those unique areas, sites, and buildings that are of special value to residents and visitors. The Districts promote the general welfare, education, and pleasure of the public, through the protection and security of those areas or structures that have been officially designated as having historic, architectural, or cultural significance.

Top to bottom, left to right: Monticello, Mount Vernon, Woodlawn, Gunston Hall, Pope Leighey House

Monticello: By Martin Falbisoner - Own work, CC BY-SA 3.0, <https://commons.wikimedia.org/w/index.php?curid=28275327>
Mount Vernon: [MountVernon.org](https://www.mountvernon.org)
Woodlawn: By Carol M. Highsmith - <https://commons.wikimedia.org/w/index.php?curid=52120777>
Gunston Hall: <https://gunstonhall.org/about-gunston-hall/>
Pope Leighey House: NPS Photo | Monica Larcom

Among those structures are several homes of our founding fathers. Likely the best known of those is the home of the Father of our Country, George Washington's **Mount Vernon**. Originally built in 1734 by his father as a modest one-and-a-half story abode, upon occupying it, Washington enlarged it by raising the roof to two-and-a-half stories, and adding the east and west wings, the cupola, and the piazza. Offering beautiful vistas of the Potomac River, the piazza is one of the most widely copied features on homes throughout Northern Virginia, and the rest of the country.

Another fabulous home of one of our founding fathers is George Mason's **Gunston Hall**. Author of the Virginia Declaration of Rights and the Virginia Constitution, Mason was complicated. As a businessman, political thinker, and slave owner, he was focused on individual rights and freedoms, while at the same time owning slaves. One of his greatest contributions to Gunston Hall is the intricately planned landscaping, with careful arrangements of trees, walkways, fences, and gardens, reflecting the symmetry and grace which we see here in our own Fair Lakes landscapes.

The design of **Monticello**, home of our third president, Thomas Jefferson, was strongly influenced by his time in Paris where he saw elegant domestic designs. His temple-like front porticoes, columns, and central domes established the American Federal style that influences today's suburban housing developments

and luxury estates. Jefferson introduced large windows, arched doorways, and skylights to fill the home with daylight, which remain current design standards found in many a Northern Virginia home.

American Federal-style homes in the Fair Lakes and the greater Fairfax, Virginia area feature rigorous exterior symmetry, red brickwork, and delicate classical detailing. This aesthetic relies on an airy, elegant interpretation of Georgian architecture, making it a timeless fit for the region's historic roots.

Once a part of George Washington's Mount Vernon, **Woodlawn** mansion and its grounds were gifted by Washington to his step-granddaughter and her husband. The mansion reflects classic Palladian architecture, with porticos topped with triangular pediments, and large Venetian windows. In great contrast to the Palladian design is the Pope Leighey House, which sits on the grounds of the Woodlawn estate.

Nearly lost to the construction of interstate 66, the **Pope Leighey House** is the only one of Frank Lloyd Wright's projects in the area. It is designed in Wright's Usonian style, which features compact single-story homes with open floor plans, built with natural materials, seamlessly incorporating with the outdoors. It was saved from demolition when it was dismantled, relocated, and reconstructed on the grounds of Woodlawn Plantation in 1965. It is the first house to be listed on the National Register of Historic Places.

As we gaze with appreciation at the handsome homes, meandering paths, and beautiful landscaping that is Fair Lakes, remember to say a silent thank you to the original founding inspirations of it all.



Fair Lakes Center

Mass Merchandisers

Aldi	855-955-2534
BJ's Wholesale Club	803-0200
Target	449-7100
Walmart	631-9450

Electronics, Home Furnishings

Best Buy	631-3332
HomeGoods	222-6914

Apparel and Shoes

5.11 Tactical	571-351-3056
DSW Designer Shoe Warehouse	815-5425
J. Crew Factory	571-583-4289
Lands' End	571-318-5558
Nike Unite	988-3349
Uniqlo	877-486-4756

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Jared the Galleria of Jewelry	818-8218
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Michaels	449-1846
Premium Spa & Billiards	968-2404
Rockler Woodworking	571-435-8030

Spirits

Virginia ABC	803-0049
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Gifts

Banner's Hallmark	802-3100
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Services

AT&T	475-5635
Chase Bank	272-9943
Exxon	802-0178
Fair Center Cleaners	502-1031
Verizon Wireless	502-7900

Restaurants

Applebee's	802-9855
Bagel Joy	829-1010
Burger King	802-0312
Cantina D'Italia	631-2752
Chipotle Mexican Grill	222-1117
Crumb Cookies	571-307-6221
Guapo's Mexican Restaurant	818-0022
Honeygrow	571-354-8011
Jimmy John's	261-6662
Noodles & Co	818-3834
Olive Garden	631-4840
Red Robin	502-0334
Sakura Japanese Steakhouse	802-5800
Starbucks	502-7800
Tony's NY Pizza	502-0808
Tsunami Sushi	449-8404
Wendy's	968-0266

Health & Beauty

Boss Barber	890-1755
European Wax Center	539-8002
Fair Lakes Dental	222-1230
Hair Cuttery	830-8344
Massage Envy	322-9797
Nora Nail Salon	995-0212
Sally Beauty Supply	222-0950
Ultra Beauty	222-6060

The Shops at Fair Lakes

Specialty Retail & Services

CVS	322-9557
Dynamic Kick	261-6138
Fair Lakes Cleaners	818-0658
7-11	378-2141
OMG! My Nails	818-0090
Atlantic Union Bank	631-6411

Restaurants

Aroma	865-8383
Blue Iguana	502-8108
Chicha San Chen	763-9576
China Taste	802-5888
Dunkin' Donuts/ Baskin Robbins	818-7480
Jersey Mike's Subs	502-3036
McDonald's	968-3620
Wooboi Chicken	774-7049

Health & Beauty

Alexandre de Paris Beauty	
Spa Centre	222-7661

Hotel & Hospitality

Sonesta ES Suites	266-4900
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Fair Lakes Businesses

Specialty Retail & Services

Cubsmart	240-206-5938
Keller Williams Realty	222-3300

Restaurants

Chick-fil-A	222-1096
Fair Lakes Deli	818-1512
Taco Bell	449-8990

Hotel & Hospitality

Hilton Fairfax	818-1234
NoVa Bar & Grill	818-1234
(Hilton Fairfax)	

East Market at Fair Lakes

Specialty Retail & Services

Chesterbrook Academy	803-7920
Kohl's	802-8063
Radiance Med Spa	222-0173
The UPS Store	818-0977
UBreakIfix	828-6442

Restaurants & Grocery

Paisano's	266-1400
SR Coffee Co.	571-276-0113
Whole Foods Market	222-2058

Health & Beauty

Club Pilates	646-1705
East Market Dental	865-4488
Modern Optometry	272-8300
Organic Nails	865-6666
Salt & Light Hair Co.	627-3583
Sephora (Kohl's)	802-8063
UFC Gym	376-8586

Apartment Living

Camden Fair Lakes	222-3086
eaves Fair Lakes	818-2332
The Julian	631-1013
Windsor at Fair Lakes	631-0736
Windsor Oak Creek	571-946-7045

Fair Lakes Communities

East Market at Fair Lakes Condos	
Elan Condominiums	
The Enclave	
Fair Lakes Condominiums	
Fair Lakes Square Townhomes	
Fair Lakes Townhomes	
Gates of Fair Lakes	
Greens at Fair Lakes Townhomes	
North Lake Townhomes	
Stonecroft Condominiums	
Water's Edge	
Willow Oaks	

Note: All area codes are 703 unless otherwise specified.

Fairfax's Summer Warmth

Every community has its share of big headlines, but sometimes the best stories are the ones happening just around the corner. From neighbors lending a hand to local volunteers making a difference, these are the moments that remind us what makes our community special. This summer, it isn't only the weather that's warming us up. With this being the Back-to-School Issue, we're focusing on the educators and programs that bring smiles, inspire generosity, and make Fair Lakes and Fairfax County such a wonderful place to call home.



FCPS Honorees

Consistently ranked among the nation's top school systems, Fairfax County

Public Schools offers outstanding academics, award-winning arts and athletics, and countless opportunities for students to thrive. Dedicated teachers are the driving force behind the continued success of FCPS, and a source of pride for the community.

The Fairfax County Public Schools Human Resources Department sponsors the Outstanding Employee Awards in an effort to honor and celebrate the "above and beyond" efforts of school-based and non-school-based employees. Nominations can be submitted from colleagues, supervisors, students, and parents. The Awards Liaisons at participating schools work with the Awards team to identify those employees who exemplify the FCPS motto to "engage, inspire, thrive"

The 2026 Fairfax County Public Schools (FCPS) Honors event was held on June 10, 2026, at the George Mason University Center for the Arts. Notable honorees included:

- **Outstanding School-Based Leader:**
Tricia Wayland, *Bailey's Upper Elementary*
- **Outstanding Principal:**
Rashida Green, *Bucknell Elementary*
- **Outstanding Elementary Teacher:**
Amanda Blevins, *Mosaic Elementary*
- **Outstanding Secondary Teacher:**
Scott McCormick, *Langley High*
- **Outstanding Nonschool-Based Leader:**
Melissa DeAngelo, *Food & Nutrition Services*

Congratulations to all the winners and nominees!

ALL RISE!

Loudon County Public Schools launched a new specialized program designed to help high school students in recovery from substance abuse disorders. The **RISE Academy** (Recovery, Inspiration, Strength, and Empowerment) offers students a safe, sympathetic, and understanding environment where they can continue their academic efforts while benefitting from the recovery-focused support they need. Dr Frederika Mack, Principal of RISE Academy discussed the program's



R.I.S.E. Academy ribbon-cutting ceremony

first year: "We learned that recovery is not linear. Progress often comes in small victories, setbacks are opportunities for growth and relationships matter deeply ... While there is still much to learn and many opportunities to refine our program, we are proud of the foundation that has been established." As the Academy's second year approaches, Dr Mack's focus is on expanding family education sessions, greater collaboration with external therapists and providers, and increased attention to college and career readiness.

Let's Rally

The Fifth Annual Summer Food and Resource Rally

took place on June 18, 2026 at the Floris United Methodist Church in Herndon, Virginia. As the cost of living outpaces wages, the Capital Area Food Bank released a report showing the county's food insecurity rate is over 26%. In response to this reality, many organizations gathered to strengthen food supplies for five pantries and nonprofits along the Dulles Corridor. StarKist, Feed the Children, Cornerstones and Floris United Methodist Church hosted the fifth annual Resource Rally where volunteers distributed 400 Feed the Children family

kits, providing more than 8,300 meals to local households. Each kit contained StarKist products, 25-pound boxes of shelf-stable food, 15-pound boxes of household essentials and personal care items, and boxes of Avon products. "Addressing food insecurity requires collaboration and a shared commitment to supporting families," said Michael Merritt Jr., vice president and head of marketing and innovation at StarKist, which is headquartered in Reston Town Center.



Making a Dynamic Difference On and Off the Mat

Walk into **Dynamic Kick** in Fair Lakes on any given afternoon, and you'll find much more than students practicing kicks and punches. Young kids are learning to focus and listen. Teenagers are developing leadership skills. Parents and children train side by side, encouraging one another through each new challenge. It's a place where martial arts serve as the foundation for something much bigger: building confidence, discipline, and character.

A Community of Champions

Since opening its first location in Gainesville in 2000, Dynamic Kick

has grown into a destination for families seeking more than just an extracurricular activity. The school's structured approach to Taekwondo emphasizes personal growth alongside physical fitness, helping students of all ages develop skills that extend well beyond the training floor.

At the heart of that mission is Master Yoon Kim, whose own journey in martial arts spans nearly four decades. Inspired

by a family tradition that began with his grandfather and continued with his uncle, Kim has dedicated his career to sharing the lifelong lessons martial arts can teach. "My goal has always been to create a school where students not only

learn martial arts, but also develop confidence, discipline, respect, and strong character."

Those values are evident in every aspect of Dynamic Kick's curriculum. For the youngest students, the Dream Tiger program introduces martial arts through games, movement, and structured activities that reinforce listening skills, coordination,

and self-control. As children grow, so do the expectations. Older students are encouraged to take on leadership roles, mentor younger classmates, and demonstrate the respect and perseverance that are central to martial arts.

Adults are equally welcome on the mat. Some come looking for a new fitness routine, while others are drawn



AN ACTION-PACKED EXPERIENCE FOR ANYONE LOOKING FOR FUN!

After-school programs are the perfect way for kids to end the day.

These and other incredible programs are waiting.

Check all of them out at dkickusa.com/fair-lakes/ or call (703) 261-6138.

"Fair Lakes is a wonderful family-oriented community that values education, personal growth, and strong community connections...the same values we believe in at Dynamic Kick."

to the opportunity to learn practical self-defense or simply try something outside their comfort zone. Family classes have become one of their most popular programs, giving parents and

children a chance to share an activity that promotes teamwork while creating lasting memories. "Our structured curriculum and our commitment to developing the whole person truly set us apart."



Classes are intentionally structured to be supportive and encouraging...beginners feel comfortable while experienced students continue to grow.

A Perfect Fit in Fair Lakes

That philosophy has helped Dynamic Kick become a familiar presence in the Fair Lakes community. The school regularly welcomes students from a wide variety of backgrounds and has built lasting relationships with local families, schools, and neighboring businesses over the years.

This makes Fair Lakes an abundantly natural fit for the school's mission. "Fair Lakes is a wonderful family-oriented community that values education, personal growth, and strong community connections. Those are the same values we believe in at Dynamic Kick." Those shared values are reflected in the atmosphere students experience from the moment they walk through the doors. Classes are intentionally structured to be supportive and encouraging, creating an environment where beginners feel comfortable while experienced students continue to grow. Progress is celebrated at every level, whether it's a young child earning a first stripe, a teenager breaking through a difficult challenge, or an adult achieving a long-term personal goal.

For Kim, those moments remain the most rewarding part of teaching. "The greatest rewards don't come from medals or titles, they come from seeing students grow into confident, respectful, and resilient individuals." That focus on personal growth has become one of Dynamic Kick's defining characteristics. While students certainly learn proper technique and

physical conditioning, equal importance is placed on qualities like responsibility, perseverance, humility, and leadership. Those lessons often carry into school, work, and everyday life, giving students tools they can use long after class ends.

Long Lasting Lessons

Over the years, Dynamic Kick has also become a place where lifelong friendships are formed and traditions are created. Some students begin as young children and continue training through high school. Others return years later after college or starting careers. Perhaps most meaningful are the families who introduce martial arts to a second generation, with former students now enrolling their own children.

The sense of continuity extends beyond the students themselves. Martial arts are a family tradition for Kim as well. His wife and two older children have all earned black belts, while his youngest daughter is working toward hers. That personal connection reinforces the values he hopes every student takes home: confidence, resilience, and a willingness to keep learning throughout life.

Those lessons continue to guide Kim personally, a philosophy that is woven into Dynamic Kick's culture. For the many families who have made Dynamic Kick part of their weekly routine, that's what keeps them coming back. It's about becoming a more assured version of yourself, and a community that helps make that possible.

Summertime Sippers

This summer, full-flavored hydration was the name of the game with new baristas making themselves known across Fair Lakes. Newcomers **Chicha San Chen** and **SR Coffee Co.** have officially set up shop to dominate your taste buds with every sip.

Tea lovers rejoiced on July 3 with the opening of Taiwanese tea shop, **Chicha San Chen**. Located in The Shops at 12715 Shoppes Lane, these liquid purveyors bring celebrated tea-making tradition to town. Offering a new take on bubble tea by emphasizing fresh brews and high-quality ingredients, this non-stop tea spot lets you choose from a variety of green, black, and oolong teas, along with fruit teas, milk teas, chewy toppings, and creamy mousse options.



The grand opening was a massive success, with thirsty visitors forming long lines outside before the doors even opened. Known for its focus on the art and craftsmanship of tea, Chicha San Chen offers a more refined experience than



the typical grab-and-go beverage stop. This is only the beginning for our new tea attendants so don't wait to check out all their flavorful refreshments.



In the need for something a little stronger? Look no further than the brand-new

SR Coffee Co. in East Market. This local favorite got its start in Leesburg in 2018, and now brings a cozy neighborhood feel to our home with a menu that goes well beyond the morning cup of joe.

Enjoy freshly brewed coffee, seasonal drinks, cold brew, matcha, tea, and



refreshing juices, along with a full selection of breakfast favorites. With free Wi-Fi and a cozy atmosphere, the new café is designed to not only welcome you but to help you settle in and work.



Located at 4465 Market Commons Drive next to Club Pilates, SR Coffee Co. adds a buzzy new spot for our coffee connoisseurs.



Alexandre de Paris

Alexandre de Paris Beauty Salon & Spa is a premier salon and spa located in Fairfax, Virginia, renowned for its exceptional services including hair design, balayage, haircutting, hair coloring and highlighting, facials, med spa services, permanent cosmetics, massage, nail services, & skin and body treatments.

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Fresh, Fast and Fancy Dining for All

There was a time when grabbing a quick meal usually meant choosing between speed and quality. Traditional fast-food restaurants offered convenience, but healthier ingredients and fresh preparation weren't always part of the menu. Then a new style of dining emerged that changed everything.

Known as **Fast-Casual**, this restaurant category combines the speed of fast food with the quality and freshness of casual dining. Today, chains like Chipotle, Panera Bread, CAVA, Sweetgreen, and Shake Shack have become household names, proving that people don't have to sacrifice flavor or nutrition when they're short on time.

The fast-casual movement began gaining traction in the 1990s. Maybe the greatest story of success is Chipotle Mexican Grill, founded in 1993 by chef Steve Ells. Instead of serving pre-made meals, Chipotle prepared ingredients fresh throughout the day and let customers build their own burritos, bowls, tacos, and salads. The idea was simple: offer fresh ingredients, quick service, and plenty of choices.

As people became more interested in healthier eating, fast-casual restaurants responded with grilled proteins, fresh vegetables, whole grains, and customizable meals. Diners could choose brown rice instead of white, add extra vegetables, skip

the cheese, or opt for lean proteins. This established the common fast-casual motif of going down the line of fresh ingredients picking and choosing what you want as you go. Many restaurants also introduced

vegetarian, vegan, and gluten-free options, making it easier for people with different dietary preferences to enjoy a quick meal.

Another key reason for fast casual's popularity is affordability. While meals typically cost a little more than traditional fast food, they remain far less expensive than eating at a sit-down restaurant. For around \$10 to \$15, customers can enjoy a

filling meal made with fresh ingredients, making fast casual an appealing option for families, students, and individuals alike.

The numbers tell the story. The U.S. fast-casual restaurant industry now generates more than \$90 billion in annual sales, making it one of the fastest-growing segments of the restaurant business. Chipotle alone has expanded from a single restaurant into more than 4,000 locations worldwide, including just recently opening its first location in Mexico.

Even traditional fast-food chains have taken notice, adding fresher ingredients, customizable menu items, and healthier choices to compete with the fast-casual model.

The idea was simple: offer fresh ingredients, quick service, and plenty of choices.

The U.S. fast-casual restaurant industry now generates more than \$90 billion in annual sales.

Fair Lakes has embraced the fast-casual phenomenon and is now home to plenty of diners that serve us efficiently and deliciously.

Chipotle are the originators, and as such have established themselves as an absolute staple in Fair Lakes Center. The Mexican menu continues to provide fresh, high-quality ingredients that can be mixed in every which way. Whether you're craving tacos, burritos, salads, quesadillas or anything in-between, it's safe to say you'll find the right recipe here.



Honeygrow may be the newest kid on the block, but they've quickly become a favorite among Fair Lakes visitors and for good reason. Made-to-order stir-fries and salads are prepared right in front of you with locally sourced produce whenever possible. Along with its signature honeybar desserts, Honeygrow sets itself apart from traditional fast-casual chains.



Noodles & Company stands out by serving globally inspired noodle dishes, pasta, soups, and salads that range from rustic Italian classics to bold Japanese flavours. With fresh ingredients and an abundance of options, it offers something for any and all cravings.



Jimmy John's has built its reputation on fresh, made-to-order sandwiches served with impressive speed, making it a favorite for busy lunches and quick dinners. Its freshly baked bread, hand-sliced meats and vegetables, and simple, customizable menu help it stand up and stand out against the litany of plain jane sandwich spots.



Summer Sizzlin' Together



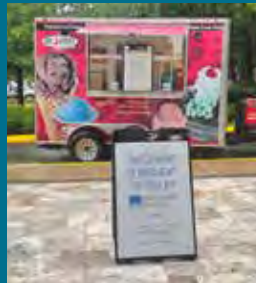
This summer was perfect for friends and neighbors to, maybe not beat the heat, but distract from it with exciting events, sweet treats, and good company.

Nothing sums up the coming together of our Fair Lakes Family quite like **Summer Movie Nights**. The premiere proceedings of the summer season engrossed all, as the parking lot at 12500 Fair Lakes Circle was yet again host to the fun of film across three summer sunsets. VVS Events kept up the fun with a plethora of Fair Lakes families coming together on lawn chairs and blankets to enjoy not just the silver screen, but games, raffles, snacks and more. We can't wait for the weather to warm up again next year for some more movie magic.

Our community is filled with deep thinkers, best represented by the **Fair Lakes Book Club**. Our literary lovers

met twice over the summer, with the June 11th meeting serving as a true highlight. The conversation centered on mystery thriller, *Sleeper Code*, by Fairfax local Kevin McGuire. The group was able to dig deeper than ever, as Mr. McGuire gracefully made an appearance at the get-together to discuss and answer questions. Keep an eye on the Fair Lakes website and Facebook for info on the next book club meeting in October to join in on the fun.

The summer has become a season of traditions here as the delicious **Ice Cream Socials** made their welcome return to our streets. On top of the two residential stops, two additional visits to our office buildings made the work day a real delight. Workers and neighbors alike were treated once again by our friends at Bruster's with deliciously cool scoops to keep the heat at bay.



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Awarding Our Own with Education

Before the next generation of leaders heads off to college, it's worth taking a moment to celebrate both their achievements and the community that helped make them possible. Each year, the Fair Lakes League demonstrates its commitment to our own with the **Dollars for Fair Lakes Scholars Program**.

Each year three members of the Fair Lakes community are awarded \$2500 towards their continuing education efforts. Winners are chosen for their work in the classroom and across their communities, as well as showing tremendous promise for the future. These scholarships are more than financial assistance, they are recognition of the hard work and effort our scholars have put into their education up to this point and a vote of confidence in our young community members who are ready to make a difference.

Through the generosity of the Fair Lakes League and its dedication to supporting education, students can take the next step toward their goals with a little less financial burden and a lot more encouragement.



2026 Fair Lakes Scholars (left-right): Marshall Walker, Himneesh Medisetti, Lamar Abdalla

We are proud to introduce the 2026 winners of this amazing program!

Marshall Walker

Our first scholar has us excited for the future of technology in increasingly confusing times. Demonstrating a thoughtful vision to make a meaningful difference in the community, Marshall Walker is currently pursuing a degree in Data Science at Purdue University. He views technology not simply as a pathway to a successful career, but as a tool for solving real-world problems that benefit schools, businesses, and nonprofits. He notes "Improving a community does not always look dramatic. Sometimes it looks like a better report, a clearer model, or an analysis that helps someone make a smarter decision." Committed to gaining hands-on experience and applying his skills where they are needed most, Marshall embodies the values of academic excellence, community impact, and leadership, making him truly deserving of this award.

Himneesh Medisetti

Our next scholar recognizes the importance of working hard and doing your best while showing respect and compassion to everyone around you. Himneesh is currently studying mechanical engineering at Virginia Tech, having fallen in love with robotics competitions in High School. While competing, he found meaning in the phrase "gracious professionalism." To him it means working hard while being a respectful, compassionate, and helpful human being. In his time competing he saw students helping others, showing excitement, and cheering on competitors. Himneesh wants to use his education to pay it forward, hoping to mentor the next wave of mechanical enthusiasts. "I want to see these kids grow into good human beings and excellent engineers." His excitement towards helping others be there very best makes us proud to call Himneesh a Fair Lakes Scholar.

Lamar Abdalla

Our third winner is just beginning her journey towards higher education, and we can't wait to see what's in store. Earning recognition of all sorts across her four years at Fairfax High School including Academic Honor Scholar Awards, Board of Education Scholastic Excellence, and Governor of Virginia Academic Excellence, Lamar Abdalla is no stranger to putting in the work. Having moved to the area 12 years ago when she immigrated to the United States with 4 of her family members, Lamar has fully embraced Fair Lakes as a crucial contributor to who she is today. "The diverse community within the neighborhoods and groups that I've met in Fair Lakes is unmatched," Lamar said when describing why the community is so important to her. "I am proud to call myself a resident and employee of Fair Lakes, serving my community whenever I can, and paying it forward to future residents." We are proud to call Lamar our neighbor, and we can't wait to see what's in store for her.

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